



Derrick Y. McDaniel works with caregivers helping them to provide the absolute best care for their elderly loved ones while simultaneously caring for themselves, their families, and their careers.

MR. ELDERCARE 101
DERRICK Y.
MCDANIEL

www.MrEldercare101.com



What People Are Saying

Derrick provides very useful and clear advice about eldercare and does so with a twist. He delivers it with a touch of humor that brings smiles to family caregivers that they so much appreciate.

- **Jim Siegel**, Executive Vice President at a national non-profit organization that operates in the health care field

Derrick's presentation was practical, understandable and unexpectedly funny. He speaks directly to the stress and sometimes overwhelming number of issues caregivers face as their loved ones age.

- **Terrie Williams**, Best Selling Author, Entrepreneur, Inspirational Speaker

Derrick McDaniel's presentation on the many challenges faced by caregivers was excellent. As someone new to caregiving I now feel like I have a roadmap to use as I go forward.

- **Alicia Bartley**, Attorney, New York City

As a caregiver now (and 4 other times previously) I appreciate the advice Derrick gives because he himself is a former caregiver. He's been on the frontlines in the battle of caregiving.

- **Jeff Dunst**, Independent Insurance Broker. Licensed 42 years

Derrick McDaniel's presentation and book are both full of good information, tips and directions to helpful resources.

- **Maggie Reilly-Brooks**, SVP, Deputy General Counsel, A&E Television networks

Attending a Derrick McDaniel presentation will be a wakeup call for his audience and will motivate his listeners to take action to effectively manage their lives in the event of illness or incapacity and give them a better understanding of caregiving responsibilities for a parent, spouse or child with disabilities.

- **Peter J. Strauss**, Attorney, Drinker Biddle & Reath

FREQUENTLY REQUESTED PRESENTATION TOPICS

Topics to help caregivers care for **Themselves**:

- What preparations should be made BEFORE becoming a caregiver
- Who should expect to become a caregiver
- 15 things all caregivers should know and expect
- Strategies to help caregivers manage their health, careers, relationships and finances
- How to pay for eldercare expenses
- Depression-what are the signs and how to combat it
- Tips to create open and effective communication channels and why they are so important in eldercare

Topics to help caregivers care for **A Loved One**:

- 10 signs your loved one needs help
- 10 strategies to prepare & pay for eldercare expenses
- How to have the "care is needed conversation" with elderly recipient (and other family members)
- How to create an effective "caregiver game plan" - the components and who should be involved
- Where to find public/private eldercare assistance that is appropriate & available
- How to effectively work and communicate with family members
- Techniques to determine which home and community based care options are most appropriate

Overview Blurb:

Derrick Y. McDaniel, [JD, MBA, PMP] has literally written the book on Eldercare. With over 2 decades experience he's an industry expert and popular speaker who effectively communicates practical guidance on topics related to eldercare. He frequently consults with caregivers and helps them care for themselves while developing solutions to the myriad of financial, legal, professional, and personal challenges they face when caring for an aging loved one. Mr. McDaniel also writes for national publications and his critically acclaimed book **Eldercare, The Essential Guide To Caring For Your Loved One and Yourself** answers almost every important question a caregiver can ask.